Project Self Help is a program designed to assist low-income individuals/families that are receiving SNAP benefits and accepting new employment to become/remain self-sufficient to pay their household expenses (rent, utilities, etc.) by providing:

1. Items Needed to Accept Employment: Such as uniforms, TWIC cards, State ID’s, tools, gasoline until the first paycheck, etc.

2. Tuition Assistance: Funding is available to cover a portion of the costs of tuition, books/supplies for students seeking to obtain a degree to work as a Certified Nurses’ Assistant or Phlebotomist from the Vocational Technical Schools located within the Houma-Thibodaux Diocese.

Interested applicants can contact:

Jennifer Gaudet
985-876-0490
jgaudet@htdiocese.org

to schedule an appointment. Proof of household income, SNAP printout, and proof of household expenses are needed to apply.